

## HUMAN RESOURCES FOR TREATING NEW CANCER CASES IN MEXICO

### Executive Summary

The purpose of this report is to describe the human resources needed in Mexico to treat new cancer patients. The population of Mexico is approximately 116.15 million (57.29 million men and 58.86 million women) and the estimated number of new cancer cases in Mexico for the year 2012, based on GLOBOCAN data for Mexico as a whole (<http://globocan.iarc.fr/>) was 147985 (65540 in men and 82445 in women) (Table A).

The five most common cancers in Mexico are (1) urological (bladder, kidney, prostate and testis), (2) breast, (3) gynecological (cervix uteri, corpus uteri and ovary), (4) hematological malignancies (Hodgkin lymphoma, non-Hodgkin lymphoma, multiple myeloma and leukemia) and (5) head and neck (lip, oral cavity, nasopharynx, other pharynx, larynx and thyroid).

Table A: The ten most frequently occurring cancers in Mexico for men and women based on 2012 GLOBOCAN data.

Cancer	BOTH SEXES		MEN		WOMEN	
	Incidence	Rank	Incidence	Rank	Incidence	Rank
All cancers excl. non-melanoma skin cancer	147985		65540		82445	
Urological	22854	1	20166	1	2688	9
Breast	20444	2			20444	1
Gynecological	19970	3			19970	2
Hematological	13880	4	7542	2	6338	3
Head and Neck	8958	5	5010	4	3948	5
Colorectal	8651	6	4656	5	3995	4
Lung	8439	7	5471	3	2968	8
Stomach	7680	8	4104	6	3576	6
Liver	6387	9	3068	7	3319	7
Brain, nervous system	4446	10	2498	8	1948	11
Pancreas	4274	11	2004	9	2270	10

Newly diagnosed cancer patients need pathology, surgery, chemotherapy and/or radiation therapy. The number of oncologists needed is based, therefore, on the number of patients requiring pathology, surgery, chemotherapy and radiation therapy (Table B). This number is estimated from the percentage of patients requiring surgery, chemotherapy and/or radiation therapy for the top ten cancers in both men and women.

For developing countries the International Atomic Energy Agency (IAEA) recommends training Radiation/Clinical Oncologists who can prescribe both radiation and chemotherapy for the common solid cancers, instead of separate medical and radiation oncologists. Hematological malignancies are treated primarily by hematologist-oncologists. The number of specialists needed is based upon the number of cancer patients but each city, in order to ensure coverage if one person leaves or goes on vacation, must have at least 2 surgical oncologists, 2 radiation/clinical oncologists, 2 hematologist oncologists, etc.

Table B: Number of Oncologists needed for Mexico's 2 most populous cities based on 2014 population estimates (<http://citypopulation.de/>) and 2012 GLOBOCAN data for new cancer cases.

	Population	New Cancer Cases	Hematologist Oncologists	Surgical Oncologists	Radiation / Clinical Oncologists	Urologic Oncologists	Gynecologic Oncologists	Neuro-Oncologists	Pathologists
Ciudad de México	8555500	10901	3	12	55	4	3	2 <sup>‡</sup>	22
Ecatepec	1742000	2220	2 <sup>‡</sup>	3	12	1	2 <sup>‡</sup>	2 <sup>‡</sup>	5

<sup>‡</sup>At least 2 are needed in each city.

In addition to oncologists, support staff such as onco-pharmacists, pharmacy technicians, oncology nurses and palliative care specialists is also needed. Many cancer patients require hospitalization for diagnosis, treatment and/or complications, therefore an adequate number of oncology beds will be needed. The number of oncology nurses, onco-pharmacists and pharmacy technicians needed is based upon the number of beds occupied daily by cancer patients while the number of palliative care specialists is based on the number of new cancer cases per year (Table C). The oncology nursing staff for each 24-bed oncology unit (operating 24 hours a day, 7 days a week) comprises of one head nurse and a nurse specialist as well as 13 nurses working 8 hour shifts, 5 days per week.

Table C: Number of Oncology Units, Nursing and Pharmacy Staff needed for Mexico's 2 most populous cities based on 2014 population estimates and 2012 GLOBOCAN data for new cancer cases.

	New Cancer Cases	Maximum # of beds/day	# of 24 bed oncology wards	Onco-Pharmacists	Onco-Pharmacy Technicians	Palliative Care Specialists	Oncology Nursing Staff other than Radiation Oncology Nurses
Ciudad de México	10901	200	9	36	54	22	135
Ecatepec	2220	41	2	8	12	5	30

Since many cancer patients require radiotherapy, appropriately equipped facilities will be needed along with radiation oncology staff (Tables D and E). Radiation oncology staff includes radiation therapy technicians, medical physicists, Linac engineers and radiation oncology nurses in addition to radiation/clinical oncologists. The minimum radiation therapy equipment requirements are at least one of each: Linac, brachytherapy unit, CT simulator, treatment planning computer and dosimetry/quality assurance package.

Table D: Radiation Therapy Staff needed for Mexico’s 2 most populous cities based on 2014 population estimates and 2012 GLOBOCAN data for new cancer cases.

	<b>New Cancer Cases</b>	<b>Radiation / Clinical Oncologists</b>	<b>Radiation Therapy Technicians</b>	<b>Medical Physicists</b>	<b>Linac Engineers</b>	<b>Radiation Oncology Nurses</b>
Ciudad de México	10901	55	75	25	7	25
Ecatepec	2220	12	16	6	2	6

Table E: Radiation Therapy Equipment needed for Mexico’s 2 most populous cities based on 2014 population estimates and 2012 GLOBOCAN data for new cancer cases.

	<b>New Cancer Cases</b>	<b>Linacs / Co 60 Megavolt Units</b>	<b># of Brachytherapy units</b>	<b># CT simulators</b>	<b># of treatment planning computers</b>	<b># of dosimetry/QA package</b>
Ciudad de México	10901	13	7	7	7	7
Ecatepec	2220	3	2	2	2	2

NOTE: Guidelines from the IAEA of the United Nations were used to calculate the radiation therapy equipment and staff needed in the setting of a developing country. Guidelines from the Oncology Nursing Society were used to calculate the number of nurses needed. Several other specialty societies were also requested to provide guidelines but in most cases there were none, therefore colleagues active in those fields were consulted for estimating the number of staff needed.