

**NCI Workshop on Systemic  
Radiopharmaceutical Therapy  
April 19,20, 2018**

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# **High Dose I-131 Therapy of Thyroid Cancer at MSKCC**

- 1. Ablation post-thyroid cancer removal**
- 2. Treatment of Metastatic Disease**

# Radioactive Iodine-131

- Effective Therapy in Well differentiated Thyroid Cancer
- Ablation post-surgery
- Treatment of Metastatic Disease
- Prognosis of Non-Iodine Avid Disease is Poor

# $^{131}\text{I}$ Therapy and RAI Resistance (RAIR) in Well differentiated Thyroid Ca

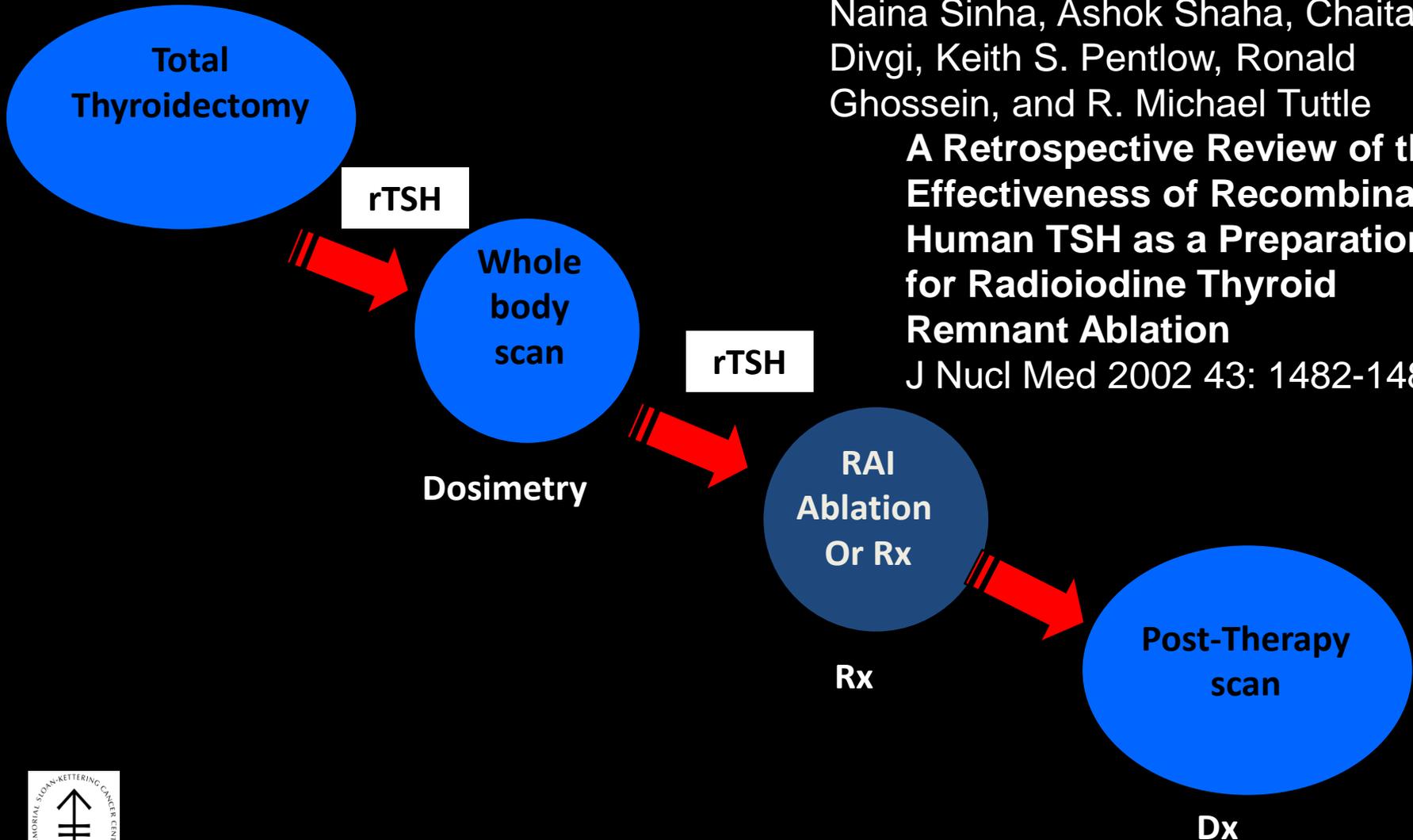
- Dosimetry: strongly recommended for tumor and normal organs
- Key Role for Theranostic Pair:  $^{124}\text{I}/^{131}\text{I}$
- Re-differentiation with TKI inhibitors
- Dosimetry and Precision Medicine: Role for Directed Biopsy

# MSKCC Practice Guidelines

Richard J. Robbins, Steven M. Larson, Naina Sinha, Ashok Shaha, Chaitanya Divgi, Keith S. Pentlow, Ronald Ghossein, and R. Michael Tuttle

**A Retrospective Review of the Effectiveness of Recombinant Human TSH as a Preparation for Radioiodine Thyroid Remnant Ablation**

J Nucl Med 2002 43: 1482-1488



# Molecular Imaging for the study of Radioiodine Resistance (RAIR) in Thyroid Cancer

Iodine-124 ( $^{124}\text{I}$ )

2-fluoro-2-(D-deoxy-glucose) (FDG)



## The Clinical Problem: RAI-Refractory Thyroid Cancer

- Distant metastases are the most frequent cause of death for patients with differentiated thyroid cancer<sup>1</sup>
- Decreased RAI incorporation into metastatic sites is associated with higher mortality<sup>2</sup>
- New therapies for RAI-refractory thyroid cancer are desperately needed

# Clinical States of Thyroid Cancer: Radioiodine (RAI)

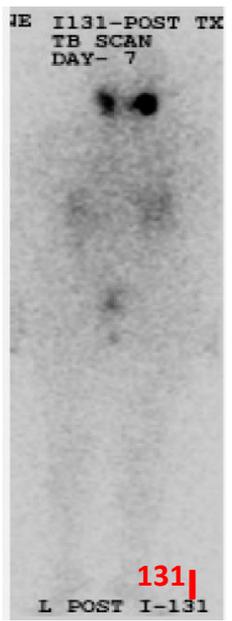
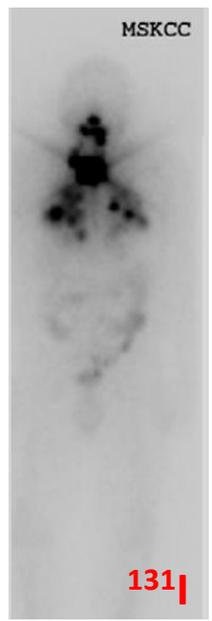
PRIMARY TUMOR

RECURRENT/METASTATIC DISEASE

Thyroidectomy  
Adjuvant RAI (<sup>131</sup>I)  
TSH suppression

RAI-AVID (RAIA)  
RAI  
Surgery  
EBRT  
TSH suppression

RAI-REFRACTORY (RAIR)  
Chemotherapy  
Surgery  
EBRT  
TSH suppression

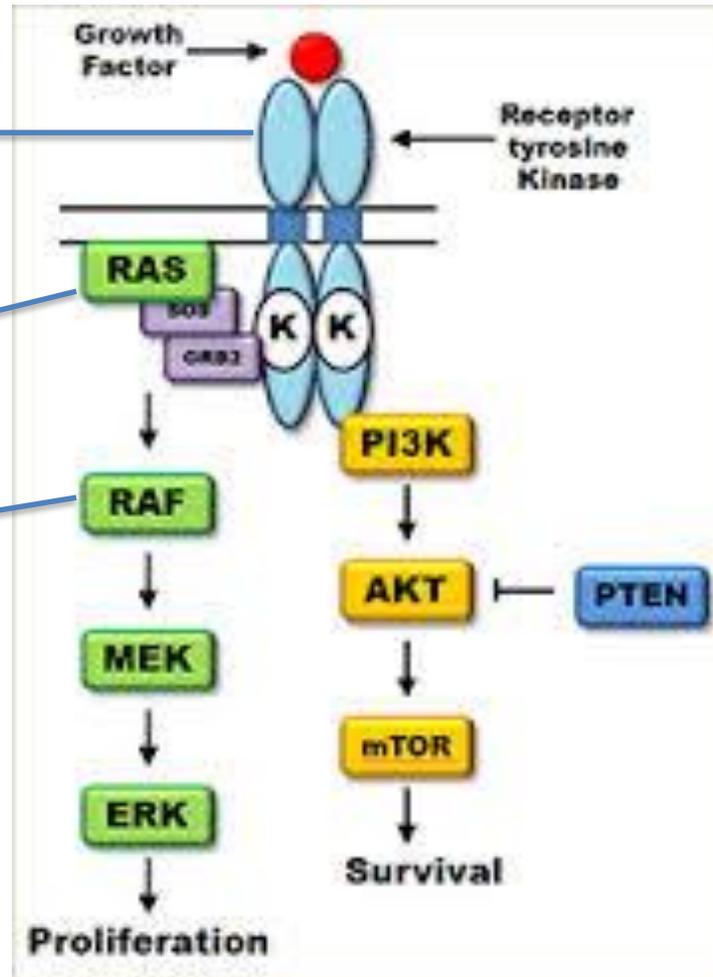


# MAP Kinase Signaling and Papillary Thyroid Cancer (PTC)

*RET/PTC in 3/20 patients (15%)*

*NRAS Q61R and Q61K 25% (5/20) patients*

*BRAF V600E 45% (9/20) patients*



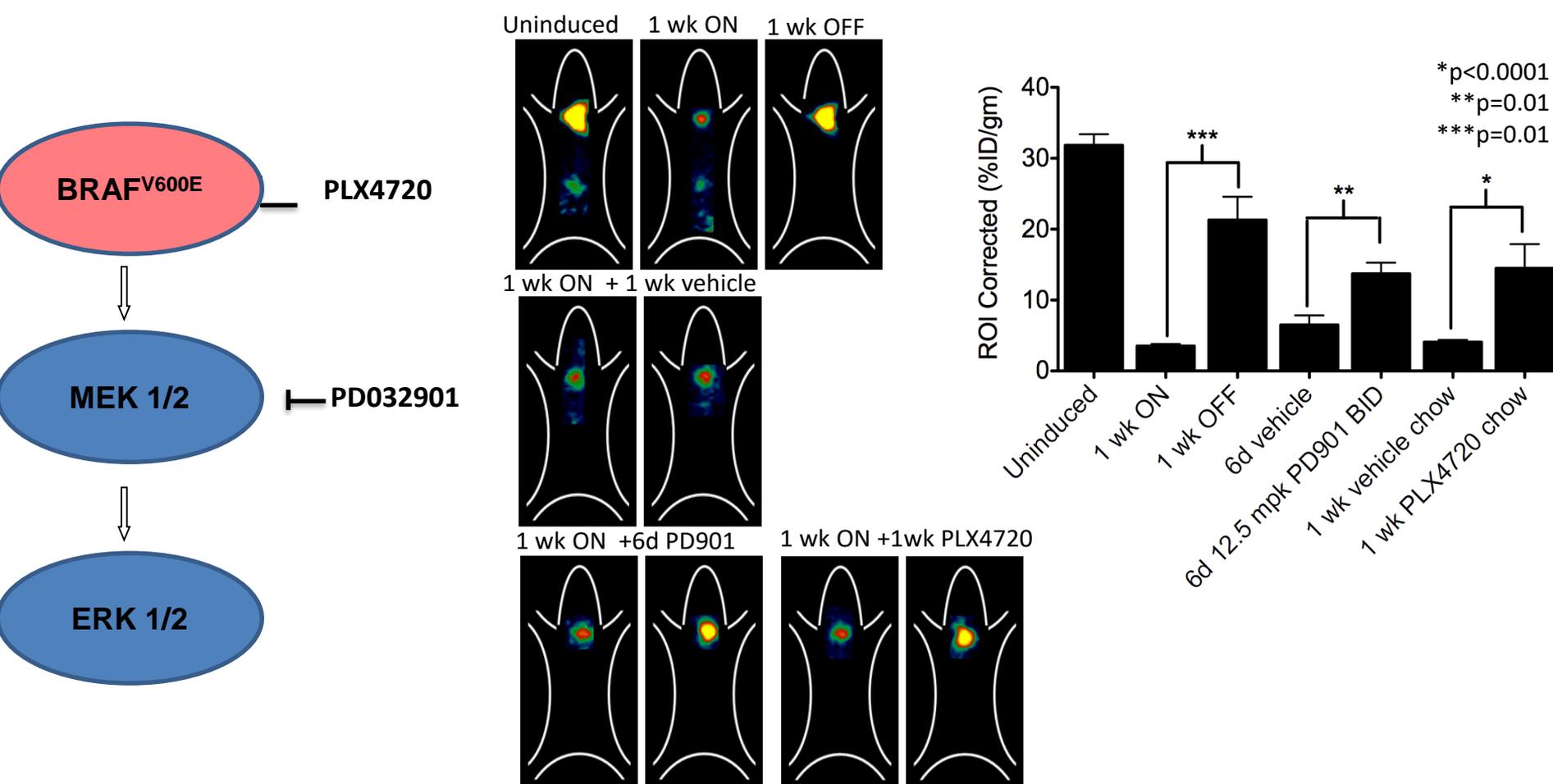
Driver oncogenes are known for ~95% of PTC tumors, and ~75% involve MAPK pathway

**Integrated Genomic Characterization of Papillary Thyroid Carcinoma**

[The Cancer Genome Atlas Research Network<sup>1</sup>](#)

Cell 159:676-690, 2014

# Pharmacologic inhibition of DOX inducible oncogenic BRAF signaling increases RAI incorporation in mice with thyroid-specific inducible expression of *BRAF<sup>V600E</sup>*.



# Primary Objective

To determine whether RAI incorporation increases in RAI-refractory thyroid cancer metastases after 4 weeks of treatment with a MAPK pathway inhibitor.

## Selumetinib (AZD6244 Hyd-Sulfate, ARRY-142886)

Highly selective, allosteric inhibitor of MEK 1/2

Inhibits MEK1 *in vitro* with an  $IC_{50}$  of  $14.1 \pm 0.79$  nM<sup>1</sup>

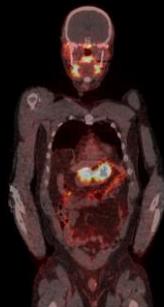
## <sup>124</sup>I –Positron Emission Tomography (PET)/CT



PET images



CT images

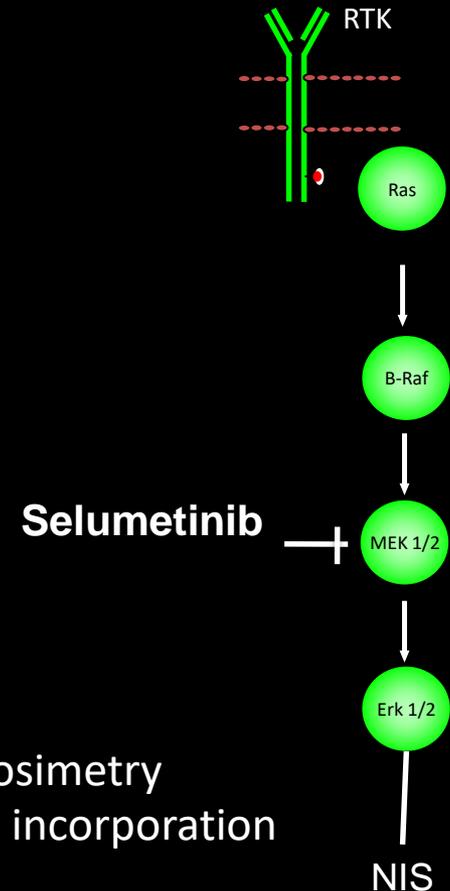


Fused images

### Advantages of <sup>124</sup>I –PET

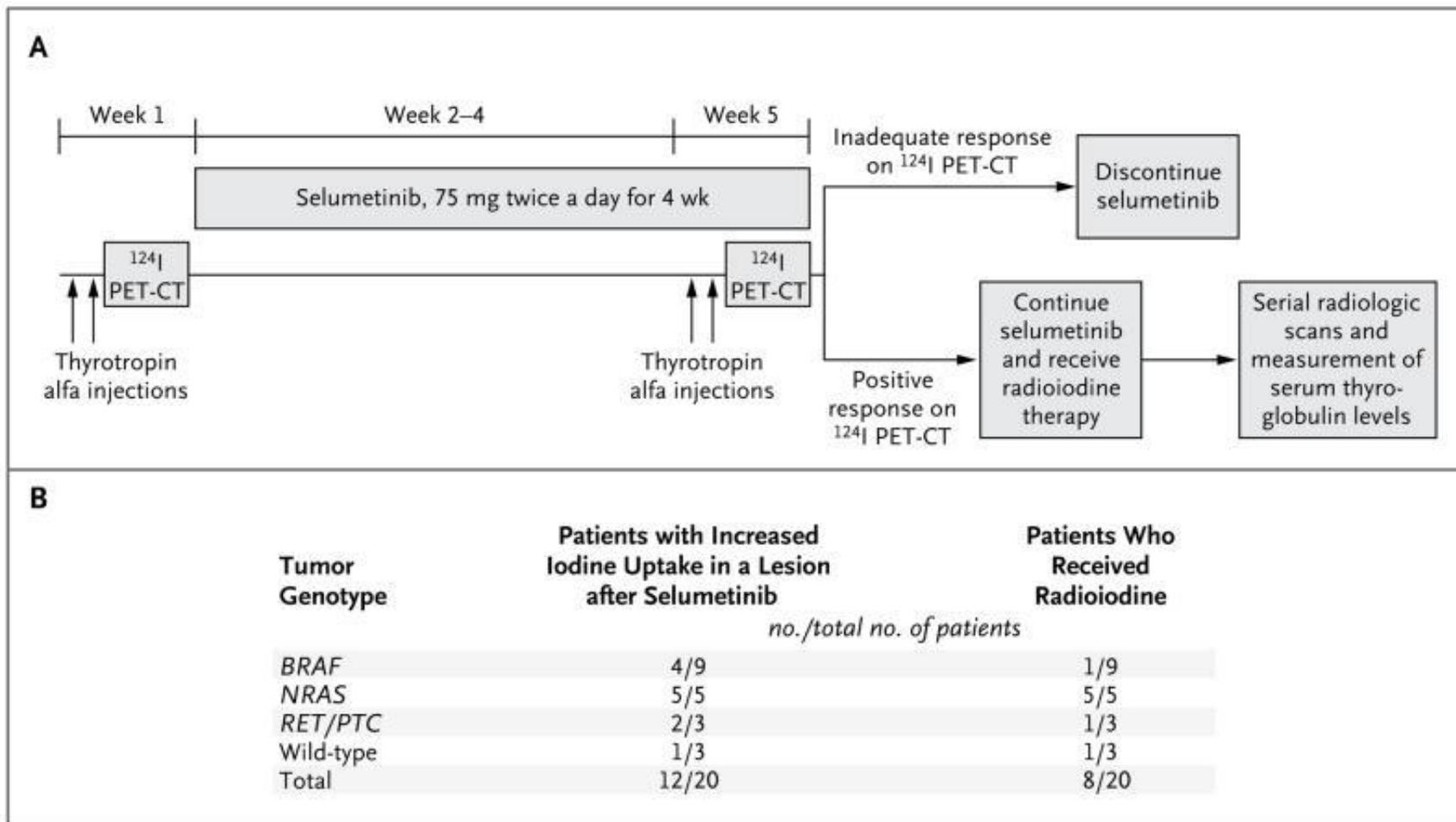
Quantitative, allows lesional dosimetry

Structural correlates for iodine incorporation



# Restoring Radiodine Uptake in Thyroid Cancer

Ho et al: N Engl J Med. 2013 Feb 14; 368(7): 623–632.



# $^{124}\text{I}$ PET: Selumetinib induces iodine incorporation in a BRAF MUT patient

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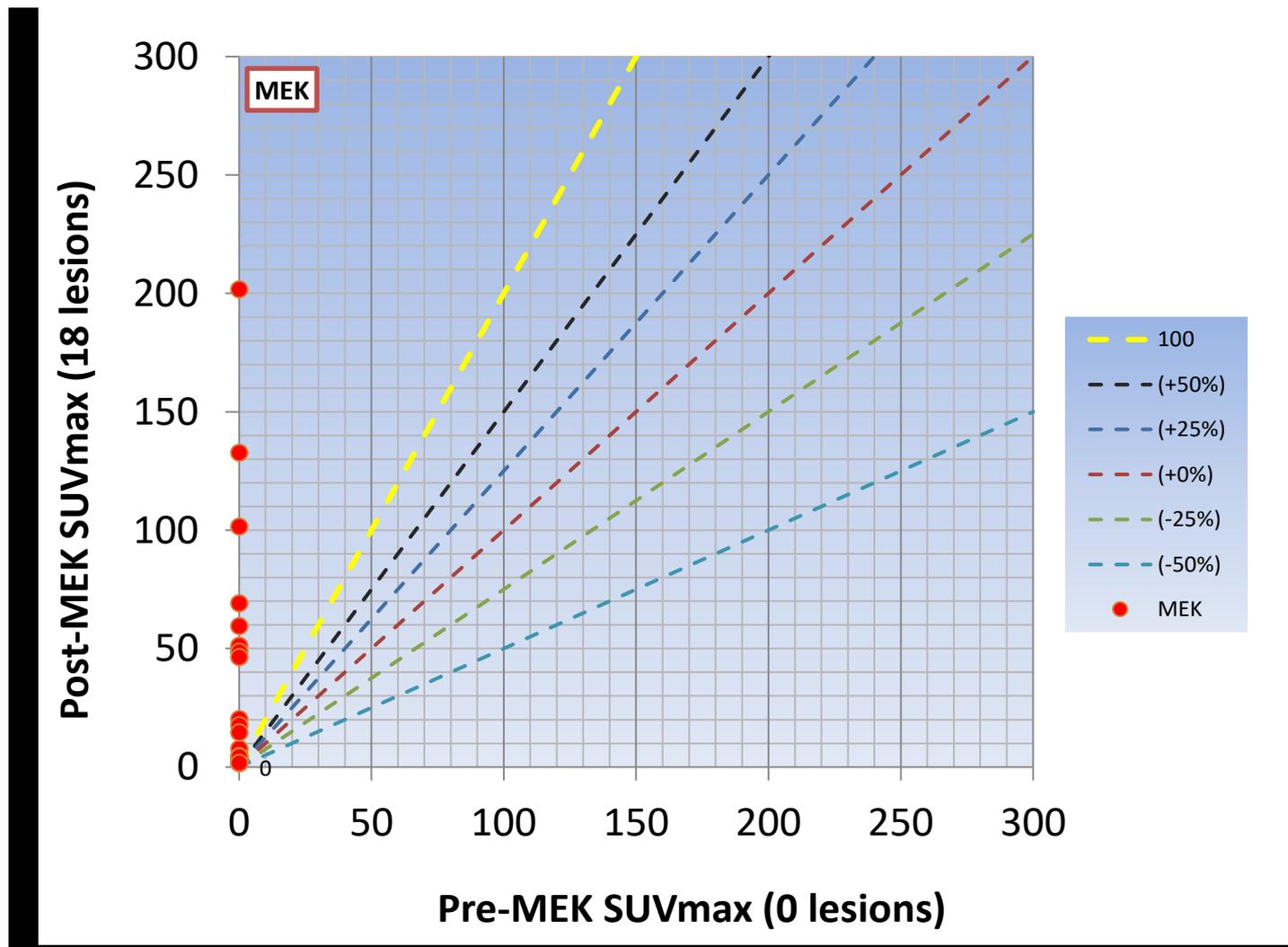


Baseline

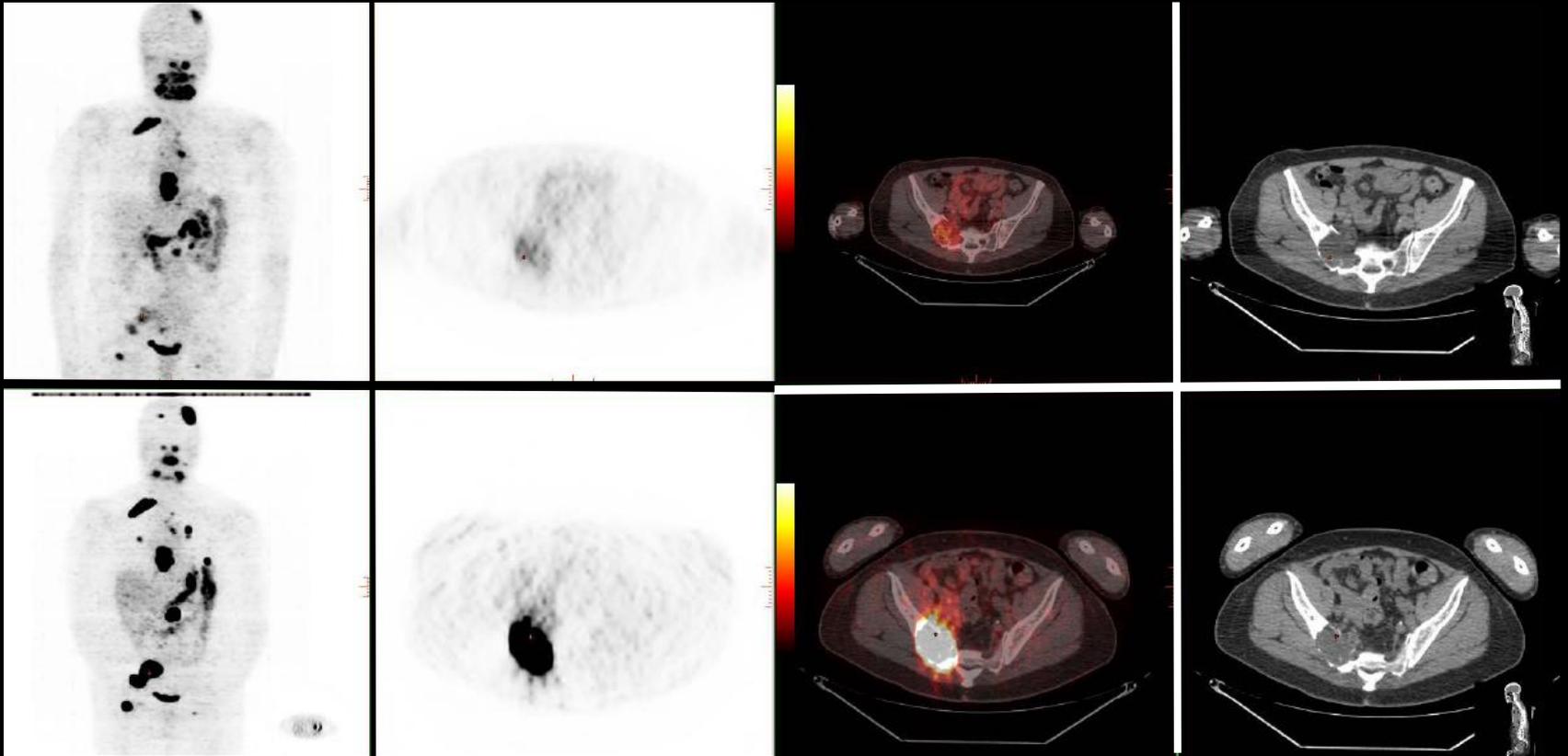


Post-Selumetinib

# <sup>124</sup>I PET Lesional Analysis: Selumetinib induces iodine incorporation in nearly all metastases



# $^{124}\text{I}$ PET: Selumetinib increases iodine incorporation in bone metastases



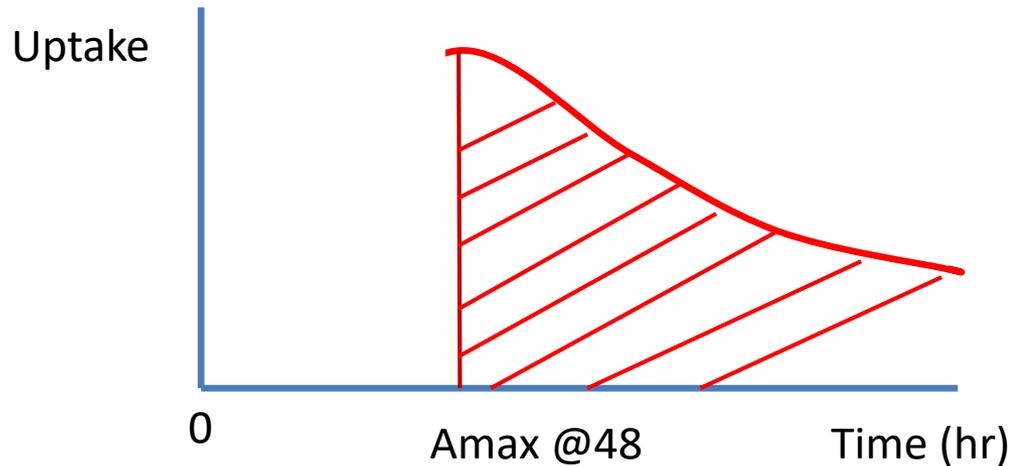
# $^{124}\text{I}$ for lesion specific dosimetry in thyroid cancer

\*Selecting for >2000 cGy lesion dose improved  
response rate for  $^{131}\text{I}$  Rx

Ho A et al: N Engl J Med. 2013 Feb 14;368(7):623-32

# Simplified dose model

The simplified model relies on the PET information from a single 48hr PET scan.

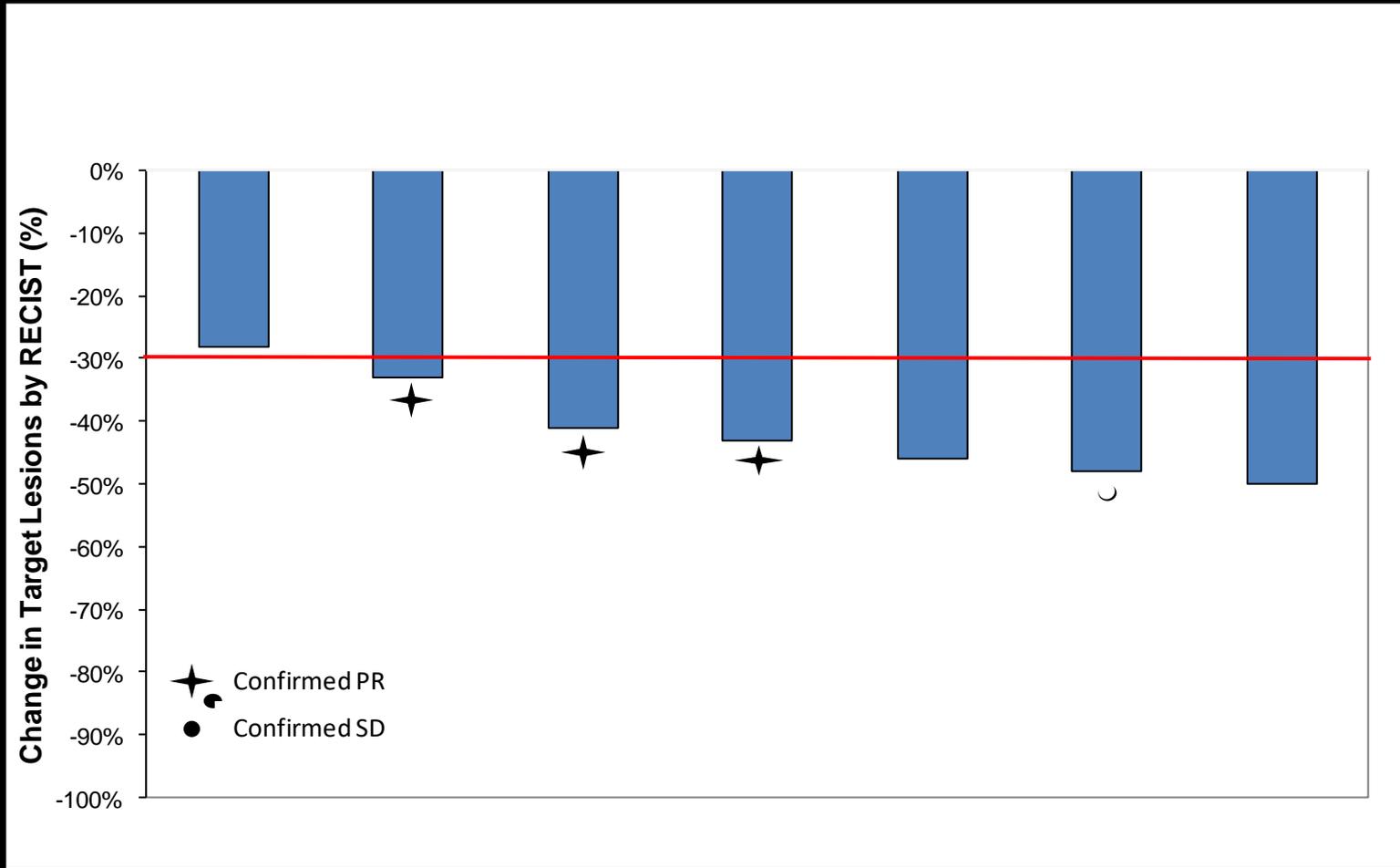


$$\text{Dose (cGy)} = \int A_{\text{max}_m} \exp \left( - \frac{0.693 * t}{\tau_e} \right) \cdot \Delta\phi$$

where  $\tau_e = 48\text{hr}$  which is an average effective half-life in each lesion and  $\Delta\phi = 0.405 \text{ g.cGy/ } \mu\text{Ci.hr}$  which is the equilibrium dose constant.

It can be shown that  $\text{SUV} > 20$  would get  $> 2000 \text{ cGy}$ , per lesion for an administered dose of  $250 \text{ mCi}$ , the usual maximum outpatient treatment dose

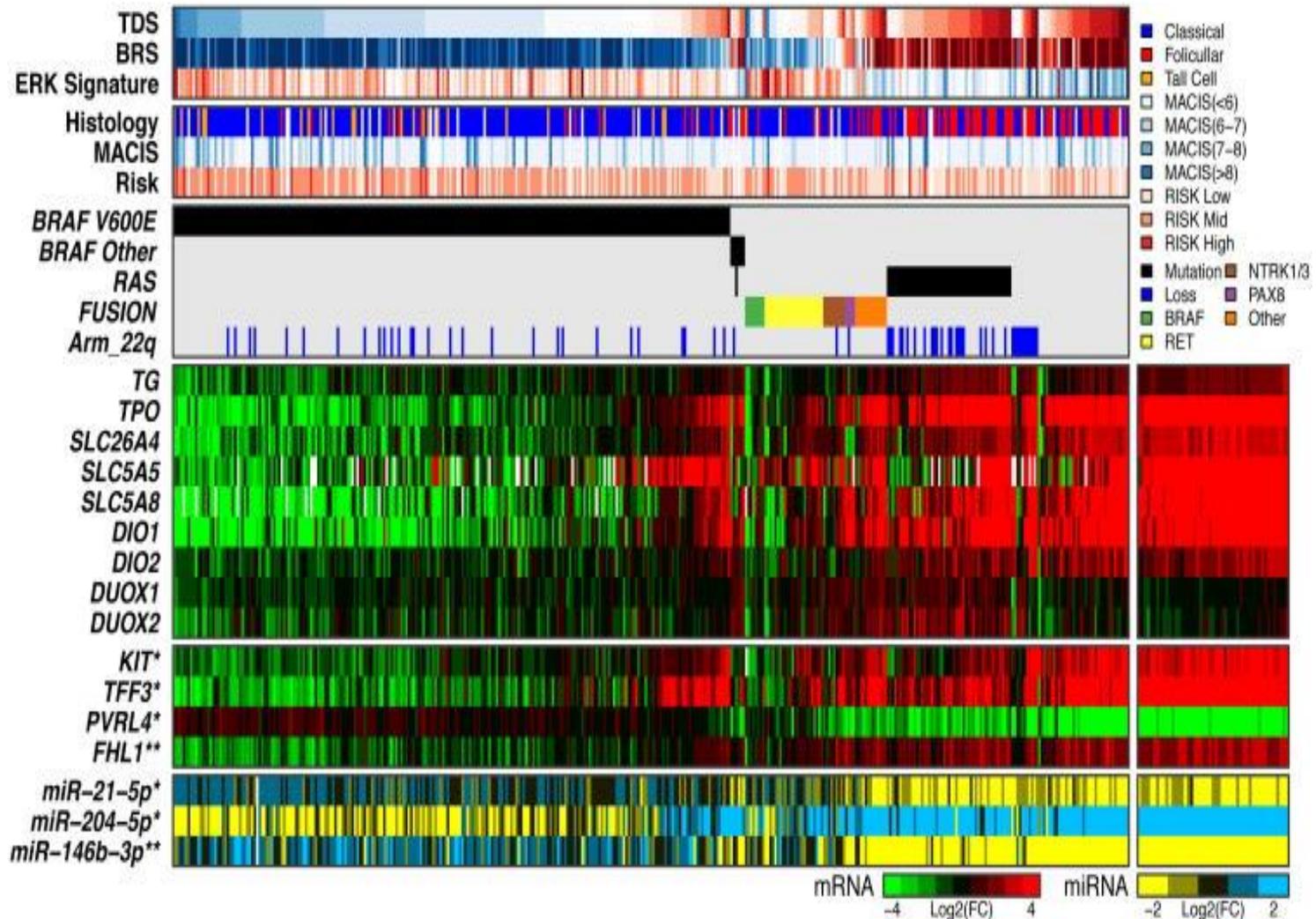
# RECIST Response For Patients Treated with RAI



# Summary

- **Selumetinib** enhances iodine incorporation in patients with RAI refractory thyroid cancer and reverses RAI resistance
- Selumetinib effects upon iodine incorporation may be dependent upon clinical factors (degree of residual iodine incorporation, FDG avidity, number of previous RAI treatments) and/or tumor genotype.
- Ho et al: N Engl J Med. 2013 Feb 14;368(7):623-32. doi: 10.1056/NEJMoa1209288

# Thyroid Differentiation Score and Thyroid Cancers CGA



NIS

# Pilot Study Summary

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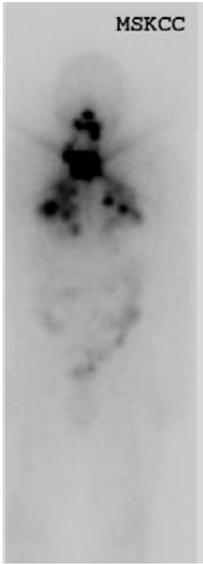
- The MEK inhibitor selumetinib can significantly enhance RAI incorporation/efficacy in a subset of RAIR thyroid tumors.
- RAS mutant patients may be particularly susceptible to this strategy.
- The impact of MEK inhibition upon RAI avidity in the *BRAF* MUT and *BRAF/RAS* WT cohorts was heterogeneous.

# RAIR Disease: Restoring RAI Avidity

**RECURRENT/METASTATIC DISEASE**

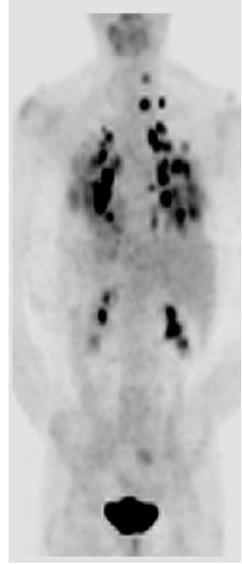
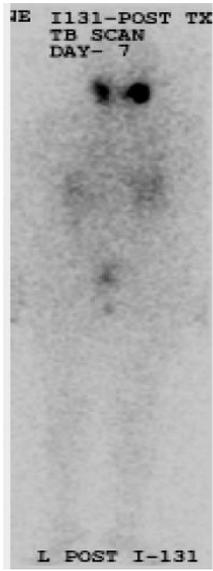
**RAIA**

(Curative or Palliative Intent)



**RAIR**

(Palliative Intent)



Strategies to restore RAI avidity?



**<sup>131</sup>I**

**FDG**